

Kushed Bulletin

Issued by: Ku-ring-gai Community Workshop 'The Shed' Inc.

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Ku-ring-gai Community Workshop "The Shed" Inc. Abbreviated Minutes of the Annual General Meeting

Friday, 27th September 2019

Venue: Multi-Purpose Centre – The Shed

[Click here](#) for the full version of the minutes.



Welcome

The President Stephen Lloyd opened the 11th Shed AGM, at 11.00 am, welcomed members and acknowledged the traditional land owners, known as Guringai People. Respects asked for elders past and present.

President's Report

The President paid tribute to the work of the many that make the Shed so successful. In particular the coordinators, first aiders, maintenance men and those that contributed to the fit-out

of the extension, Block-B.

He listed the 22 community projects completed during the year from bee boxes for Ku ring gai Council to nativity scenes for the Salvation Army to picnic tables for Pymble Public School, to name just a few.

He acknowledged the many achievements related to the Block-A layout changes and improvements. Donations from raffle proceeds went to the Hornsby & Ku-ring-gai Women's Shelter, and others.

Our membership remains steady with an increased participation rate of around 80 members per week.

A special thanks to the Federal government for grants, Integrated Products for security cameras, Woods Butchery for their great sausages, Bunnings for the BBQ steak rolls at the AGM and the continuing support of Bendigo Bank.

A number of forums were held during the year in our Multi-Purpose Centre relating to Safety and First Aid as well as the seasonal barbecues .

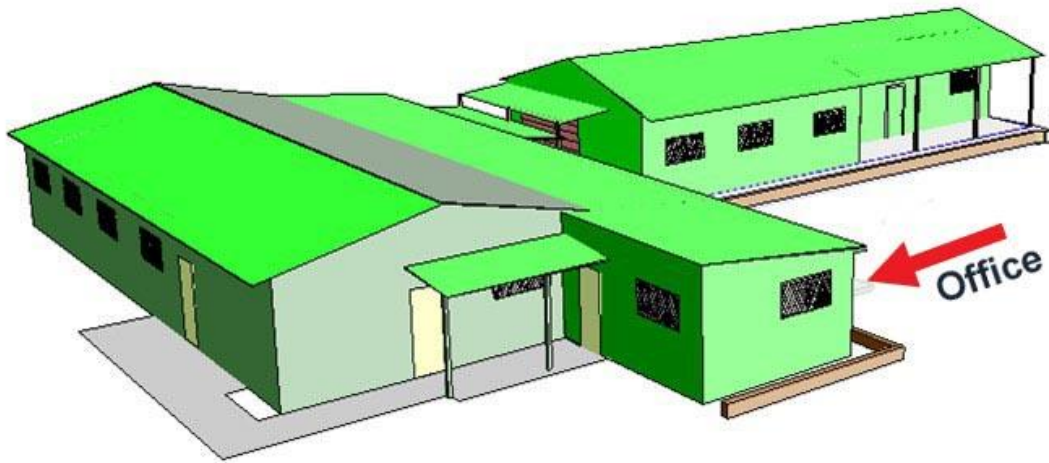


New initiatives during the year were highlighted, including the appointment of Dani Pope, a volunteer cooking instructor to the formation of a Bushcare group and the establishment of a Safety Committee. Future plans were outlined like adding a dedicated office, providing more training and a safety audit. But above all, to have more fun.

Financially we are in a sound position with funds to finance t [our overheads as well as our plans for the future](#)

The AGM was attended by 48 members

Shed Extension Status



Malcolm Bailey presented a summary of the Shed office extension works that is in the planning. The DA has been with Council for some time and we are hopeful that the outcome will be known in the next few weeks.

Election of Office Bearers

Office bearers for the 2019-2020 year are:

- President – Stephen Lloyd
- Vice Presidents - Tony Varrall & Max Elliot
- Secretary - Malcolm Bailey
- Treasurer – Andrew Killen
- Past President - Kevin Callinan
- Committee Members - Peter Adair, Mark Champion, Bob Hill, Bob Lions, Terry Tyler

BBQ



Following lunch, members were addressed by Melanie Morson (Manager Visitor Experiences & Events) who together with Aaron Willmore (Wildflower Garden Precinct Facility Support) and Megan Andrews (Events Manager) were invited to lunch as representatives of KMC. Melanie provided information about her background and the other Council representatives with her, as well as explaining some of the future plans for Ku-ring-gai and the Showground in particular.

On a lighter note, the BBQ was provided by Bunnings Hardware staff with a delicious steak roll that

was enjoyed by all. We were honoured by a special guest from the neighbourhood, Mr Kookaburra, a possible future member.



Bushfire Plan



Given the early approach of warmer weather and an increased threat of bushfires, we ask that you familiarise yourself with the Shed's Bushfire plan. See <http://www.kushed.org.au/Web-files/ShedBushfireActionPlan.pdf>

Note in particular that the Shed will be closed whenever there is a Catastrophic Bushfire warning.

Do you have a Bushfire plan at home?

Important Dates

- Xmas luncheon **Friday 13 December**
- Last Shed day for 2019 and clean-up **Thursday 19 December**

Things We Do



Dick is making a magnetic lathe tool rack to hold gouges and tools for each wood lathes



John B needed a jumping box for exercises and made one at the Shed. Here we see him landing on the box after a very athletic 2 legged jump from a standing start. Be assured the photo is real and not distorted.



Stephen is restoring an old pot plant stand



Dianne S framing a Leuning print



*Hetta made a variation on an Alexander Calder wall-hanging mobile. Here you can see its many faces.
It is looking for a good home.*

YMCA Logo Stencil



Bruce D recently made a YMCA logo stencil cut out of Acrylic at the Shed for the Ku-ring-gai Fitness and Aquatic Centre at West Pymble for their coffee shop run by the YMCA. They simply spread powdered chocolate through the stencil over the coffee cup to reproduce the logo. Works perfectly.

Several Shedders are active members of the centre.

He Wanted a Biiiiiig Pepper mill

One of Doug's S sons gives him "challenges" from time to time – which he sets as tasks for his body and mind - as a possible means of abating Alzheimer's. The fact that he suggests I won't '*rise to the bait*' works like a dream on him!

Previously he sent a photo of a table which converts to a step ladder, seen in the Palace of Versailles. That took 2 months to work out the geometry and to confirm the design on CAD, before actually starting the furniture-making. Not as beautiful as the original but it works with the brain and manual skills substantially lifted.



This year's challenge was their need for a pepper mill – but he wanted “a Biiiig One”. Not having turned any wood for 10 years, the first thing was to retrain, having consider respect for the lathes and flying timber.

A visit to Carbatec revealed the largest pepper grinding gear to be 450mm. So then to the CAD to design a suitable object. He then found a chunk of 150x150 Oregon recycled veranda post. After many physical and skill obstacles the ‘thing’ is accomplished, standing 650mm high. We will see whether that is big enough.

Having first revived his skills on 2 half-sized test-pieces, he observed that the second was not too bad, so proceeded to turn that into a salt container.



Still having some off-cuts, 2 pieces were nicely converted to candle stands and another is becoming a specimen (flower) vase. Above we see the complete set. All out of the same piece of recycled Oregon veranda post.

Pymble Public School benches

The project was to build 8 tables for Pymble Public School. It is a project that was introduced to the Shed some two years ago by Bendigo Community Bank. Bendigo had provided a grant to the school, providing that the Shed build the tables, as we had previously completed a similar project to everyone's satisfaction for Turrumurra High School.



Tony V, together with his Tuesday team of Ray, Graeme, Bruce, Theo, Andrew, Peter plus others, were busy on the job. Though, in the photo left above, there seems some puzzlement as to what goes where.

Native Plant

Bruce has investigated an inquiry from a prospective member who was seeking information on establishing native plants.

Bruce located the Australian Plant Society located at the nearby St Ives Wildflower Garden. They propagate and sell native plants, have monthly meetings, information days and some members are involved in Bushcare and the Wildflower Gardens. Their website is <https://austplants.com.au/North-Shore/>

Shed members maybe interested in joining this society, full details on this website. We may need to purchase plants from the society at a future time.

OBE – Over B....y Eighty



David Wood



Kevin Jeffress

and

This month will see both Kevin and David awarded their well-deserved OBE. They are long-standing members and Shed coordinators on Mondays and Thursdays respectively. Kevin oversees the design and fabrication of the bee boxes and the Bocce slides for those with cerebral palsy. David's design expertise has been used in many projects over the years.

We all wish them many happy returns.

Notices:

AMSA Members Bulletin September 2019 download at:

<https://mensshed.org/wp-content/uploads/2014/10/Member-Bulletin-September-2019.pdf>



Call for Participants: Mental Health and Ageing Study

You are invited to take part in a research project looking at Mental Health and Ageing.

Do you have 15 minutes to contribute to scientific research? Danielle Herreen from the School of Psychology at the University of Adelaide is looking for volunteers to complete a brief survey about Mental Health and Ageing.

The survey will ask you to rate the extent to which you've experienced certain feelings and behaviours over the past few weeks, as well as your level of agreement with common statements about what it means to be a man or a woman. The survey should take no more than 15 minutes to complete and you could even win one of three \$150 EFTPOS gift cards. Participation in this study is entirely voluntary and you are free to withdraw from the study at any stage prior to submission of the survey.

The information collected in this study may help to improve our understanding of how mental health symptoms differ for men and women across the lifespan, leading to better recognition and diagnosis of mental health problems.

To participate in the study, please go to: <https://www.surveymzmo.com/s3/4806995/c30bc82c04f8>

This study has been approved by the University of Adelaide Human Research Ethics Committee (approval number H-2019-109).



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