

Kushed Bulletin

Issued by: Ku-ring-gai Community Workshop 'The Shed' Inc. Date: 20th September 2023

Shed Legend

Members of our Shed have been making Boccia slides for over a decade, since we were located at Hawson Oval, and Kevin Jeffress has been involved from the start.

When they first started making Boccia Bowling Slides, they were shown a New Zealand design that was very heavy, hard to operate and expensive. Kevin Callinan asked Barry Eastment and Kevin to see what they could do to make a usable efficient unit. After many trials they came up with the current design.

The Cerebral Palsy Alliance were also happy with the design.

On the bench are 6 Boccia Slides which we made for The Australian Institute of Sport. This is the first run for this group and it maybe sometime before we do the next run.

Ken Halliday, Sports Coach for Selective Sports at The Institute is trying to get Boccia Bowls into schools for children in wheelchairs; while Governments are in agreement with the idea they are not allocating any money for the project.

These are the same design/specifications that we make for Cerebral Palsy Alliance; to date we have made around 100 units for them.

One of the Australian competitors using one of our Boccia slides achieved a Bronze Medal at the Tokyo Paralympic Games in 2020



The Things We Do

One of the greatest sources of satisfaction is to look at something you made and say to yourself (or others) "I created that"

This is why we encourage new members to start on projects to learn the tools and machines available at the Shed, to learn skills and techniques in woodworking, metalworking, cooking, art, leatherwork, picture framing and to be able to say at the end "I made that".

Below are some new (and not so new) members and their creations,

Personal projects at the Shed are marvelously eclectic.



Reaching New Heights

Since we frown on the use of step ladders at the Shed, some jobs just require one of our more height advantaged members for that final touch.

Shown here is Stephen Carroll, putting the final touches to our newly designed native bee boxes that are mounted on posts.

These will be supplied to schools and in public spaces where they need to be secure, around the Ku-ring-gai area



Phil Price and His "Jenga Set"

We were recently asked to assist in the set up of the new premises for the National Centre for Childhood Grief (NCCG).

This is an Australian not-for-profit organisation dedicated to caring for bereaved children and their families following the death of a parent, sibling or other close loved one.

Phil Price leapt into action and made a suitable size set of blocks for the children to play Jenga style stacking games. They were made from recycled bed slats.

Jenga is a game where children can play together and share their feelings.

Other members have volunteered to assist in property maintenance and some light building work for The Centre.

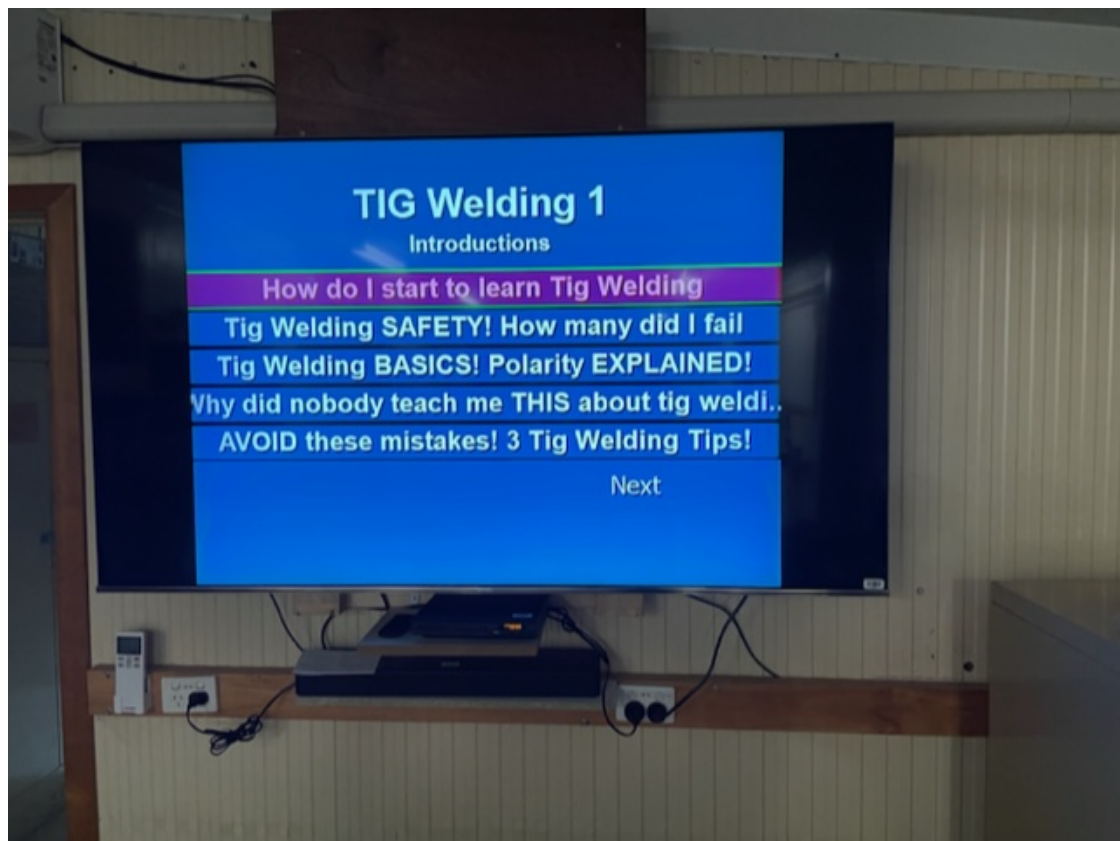


The New Tutorial System is Up and Running

The new Shed tutorial and training system is up and running, thanks to a Stronger Communities Program grant from the NSW Department of Industry, Science and Resources.

Members are introduced to the operation and safety aspects of our equipment and can now follow this up with specific skills training.

We were able to acquire a new computer and large format TV monitor with the money provided under the grant..



The Shed Cooking Group

Our cooking group meets once a month for a fine feast that they prepare themselves, led by Max Elliot and Idris.

They always praise their own cooking and appear to be excellent sommeliers as well.

It is a time for sharing that really adds to life at the Shed



The AMSA Shed Wireless Podcasts

The AMSA Shed Wireless Podcasts are regular Podcasts presented by John Paul Young. They discuss topics of interest to AMSA members.



Listen on Apple Podcasts



Simply [click here](#) or on the button to the right.

Listen on Google podcasts



[Click here](#) or on the button to the right.

Copyright © 2022 Ku-ring-gai Community Workshop 'The Shed' Inc, All rights reserved.

You are receiving this email as a member or friend of the Ku-ring-gai Shed

Location: St Ives Showground, 450 Mona Vale Road, St Ives.

Phone: (02) 9983-9732

Web: <http://www.kushed.org.au>

Email: kushed@bigpond.com

Our mailing address is:

Ku-ring-gai Community Workshop 'The Shed' Inc

PO Box 216

GORDON, NSW 2072

Australia

[Add us to your address book](#)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#)

This email was sent to <<Email Address>>

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

Ku-ring-gai Community Workshop 'The Shed' Inc · PO Box 216 · GORDON, NSW 2072 · Australia

